

The necessity of power analysis to effectively monitor microplastics contamination in fish

Rikki **Clark**¹, Bonnie Hamilton², Jennifer Provencher³, and Mark Mallory¹

¹Acadia University, Wolfville, NS, Canada. E-mail: rikkiclark@acadiau.ca

²University of Ottawa, Ottawa, ON, Canada

³Environment and Climate Change Canada, Ottawa, ON, Canada



Acknowledgments

Ekaluktutiak Hunters and



Trappers Organization



Environment and
Climate Change Canada

Environnement et
Changement climatique Canada



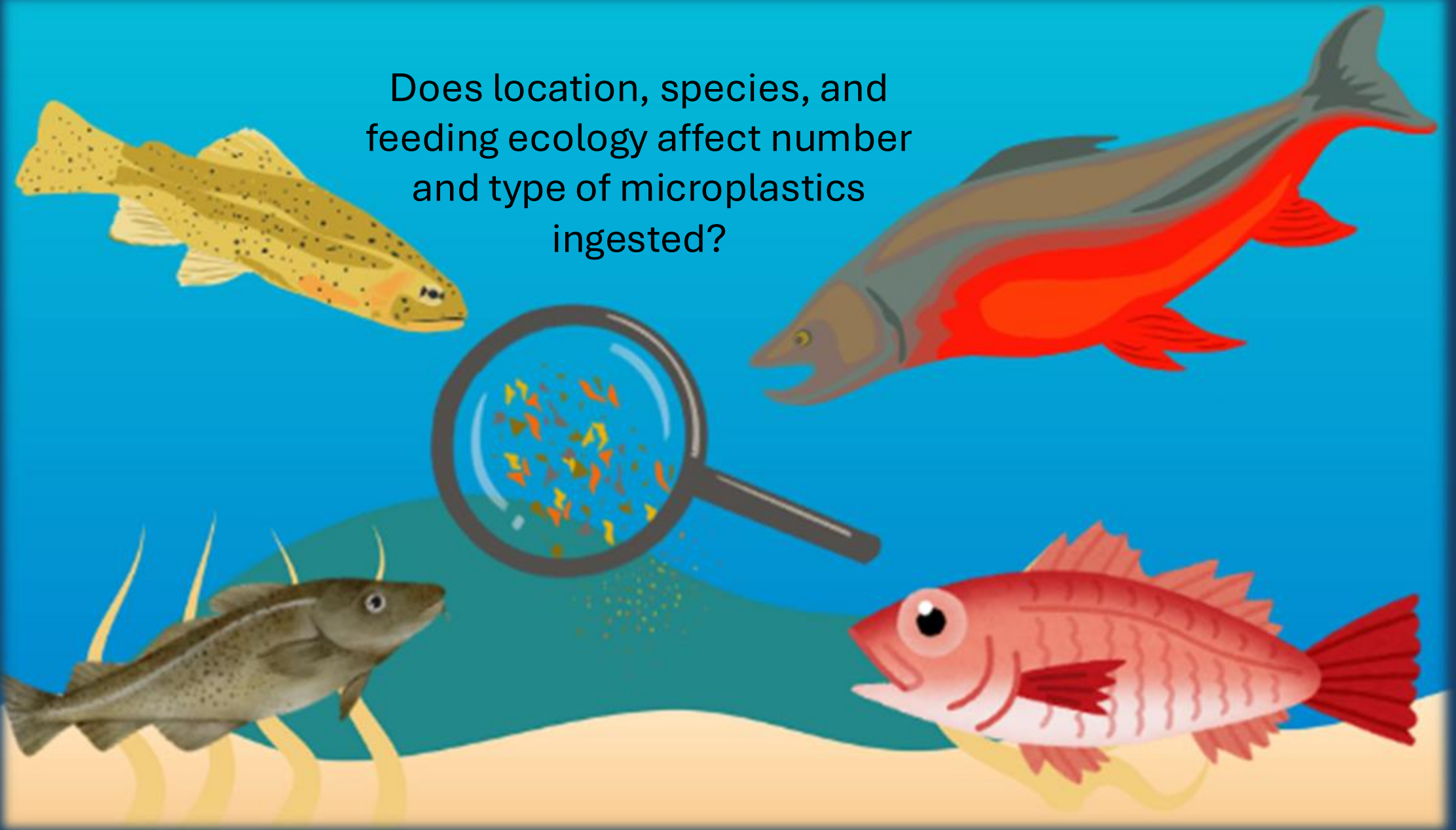
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Introduction

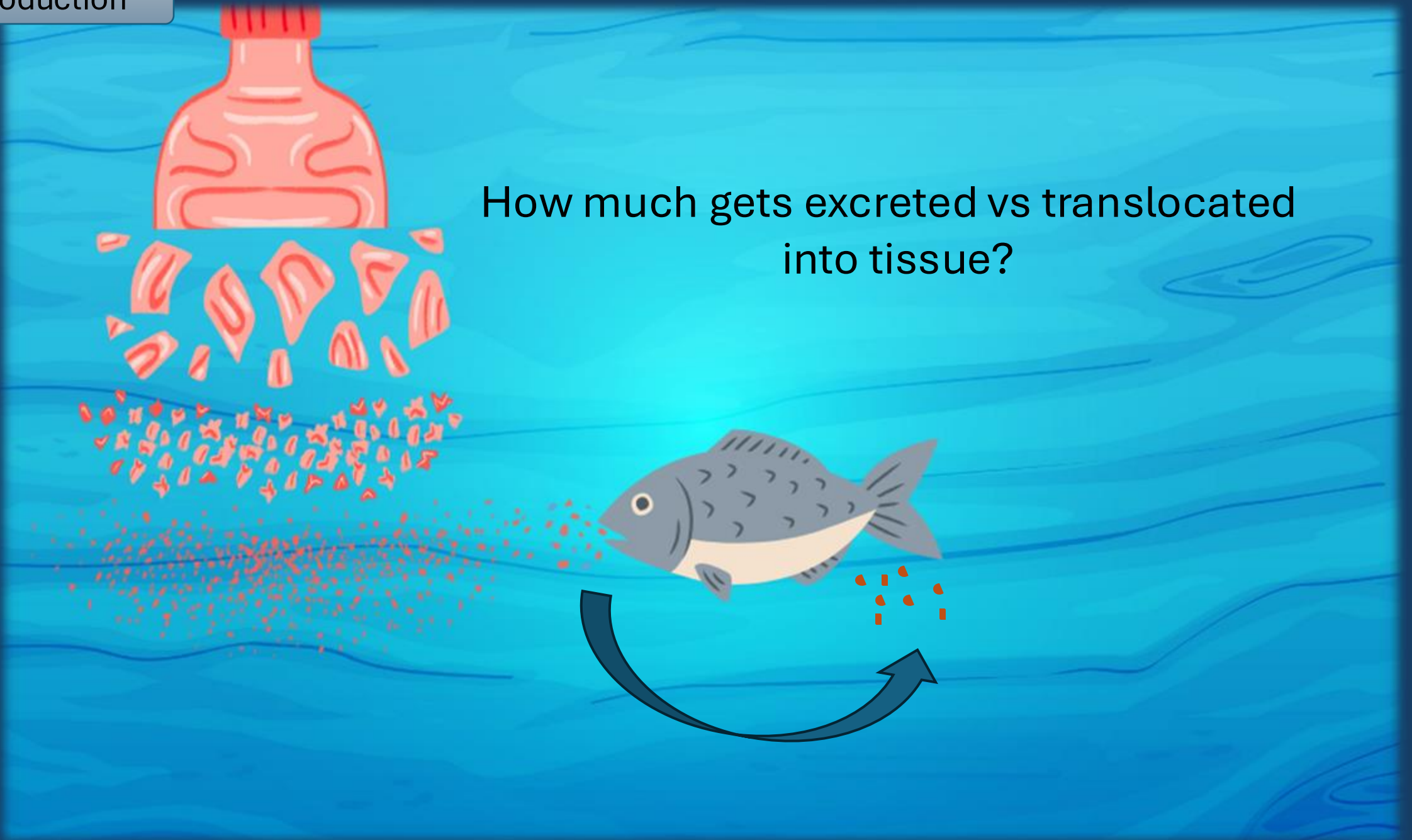
An underwater photograph showing a large amount of plastic waste floating in the water. The waste includes several clear plastic bags, pieces of white and blue plastic, and other debris. The water is a deep blue-green color, and the scene is dimly lit, emphasizing the pollution.

Why are we here?

Does location, species, and
feeding ecology affect number
and type of microplastics
ingested?



How much gets excreted vs translocated into tissue?



What are our monitoring standards?



When do we have enough fish?



Does one sample size fit all (monitoring efforts)?



Power Analysis

An underwater scene illustration. Sunlight rays stream down from the top. Various blue fish of different sizes swim throughout the water. At the bottom, there are dark blue silhouettes of coral and seaweed. Several light blue bubbles of different sizes float upwards. The text "What we did" is centered in the middle of the image.

What we did

3.2 Fish

AUTHORS: TANJA KÖGEL, CHELSEA M. ROCHMAN, KERSTIN MAGNUSSON, MARIA E. GRANBERG, MAX LIBODIN, ALESSIO GOMERO, AMY L. LUSHER, AND RENNIE PROVINCHER

3.2.1 Introduction to microplastics in Arctic fish

Plastic pollution of the ocean has led to ubiquitous but uneven exposure of organisms, including fish, to microplastics (MP). Evidence of plastic pollution in the Arctic (Lusher et al., 2015; Buhl-Mortensen and Buhl-Mortensen, 2018; Grosvik et al., 2018; Kanhai et al., 2020) implies that Arctic fish are no exception to such exposure. However, for Arctic fish species, few publications on ingestion or accumulation of MP exist so far (Leclerc et al., 2012; Nielsen et al., 2014; Bråte et al., 2016; Fischer and Scholz-Böttcher, 2017; Kūm et al., 2018; Morgana et al., 2018; de Vries et al., 2020; Granberg et al., 2020). The results of those Arctic field studies, combined with evidence of ingestion and accumulation of MP in fish from other areas (Gall and Thompson, 2015; Lusher et al., 2017; Collard et al., 2019; Markic et al., 2020), including fish widely used for human consumption (Neves et al., 2015; Rochman et al., 2015; Lusher et al., 2017; Bessa et al., 2018; Ory et al., 2018; Wu et al., 2019; Barboza et al., 2020), and evidence of MP toxicity from exposure studies (Kögel et al., 2019), highlight that Arctic fish species may be exposed to MP, and the consequences and risks to both ecosystem and human health should be investigated.

95% Confidence

80% Power

AMAP

10% difference in microplastic ingestion
per monitoring period



Criteria for selected studies:



Detection limit = $< 500 \mu\text{m}$, but $> 10 \mu\text{m}$

Strict quality assurance/control protocols

Representative of Arctic, Pacific, Atlantic,
and Great Lakes

The Arctic:

Hamilton et al., 2024

The Atlantic:

Brawn et al., 2023

The Pacific:

Rochman et al., 2015

The Great Lakes:

Milne et al., 2024; Munno et al., 2022.



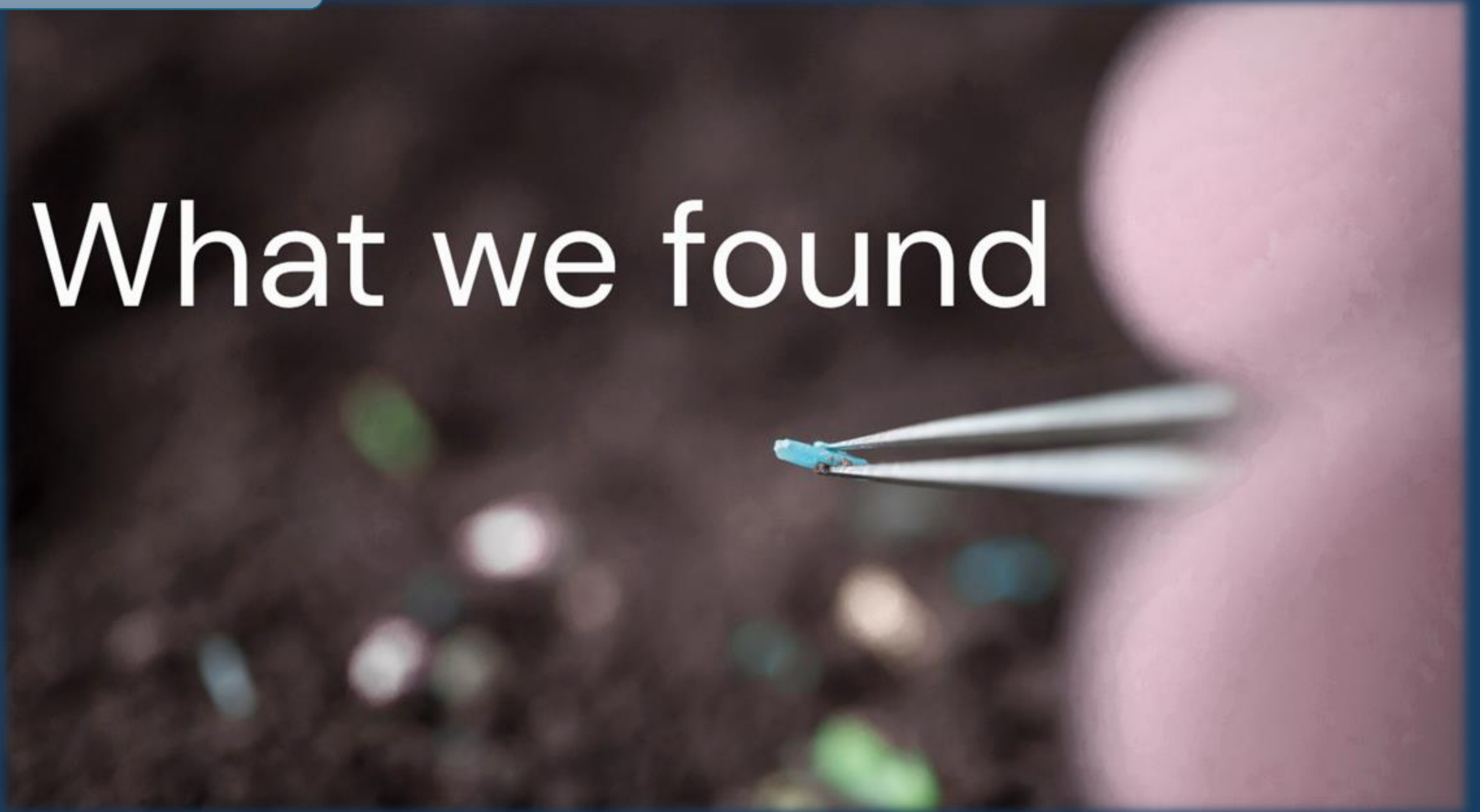
The Formula

Franeker and Meijboom, 2002

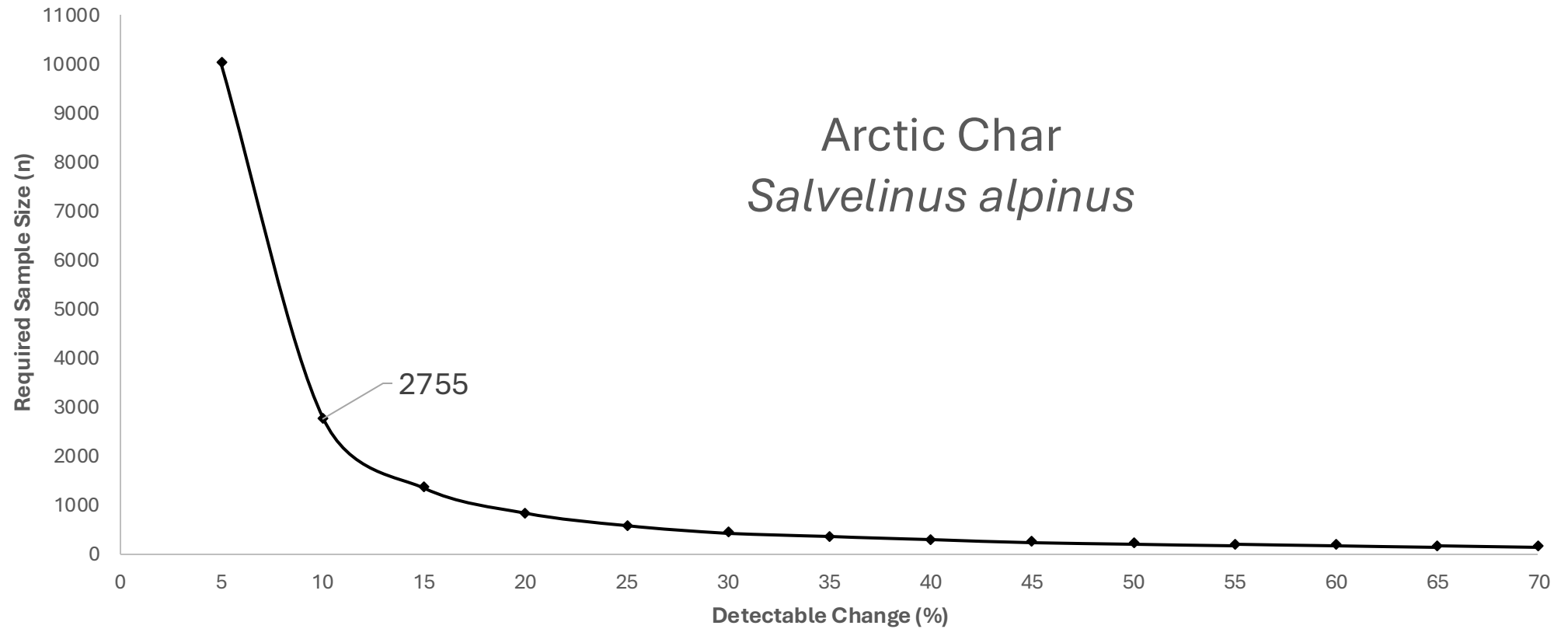
$$n = 2 \times \left\{ \frac{[z_{\alpha/2} - z_{\pi}] \times \frac{CV}{100} \times \mu_I}{\mu_I - 100} \right\}^2$$

- $z_{\alpha/2}$ is the two-tailed t-score with infinite degrees of freedom and $\alpha = 0.05$ (95% confidence)
 z_{π} is the left-tailed t-score with infinite degrees of freedom and $\pi = 0.2$ (80% power)
- CV is calculated using the mean and standard deviation of microplastics per individual $(\frac{SD}{\bar{x}}) \times 100 = CV$
- μ_I represents the % change of microplastic ingestion to be detected annually (e.g. 105 = 5%, 110 = 10%).

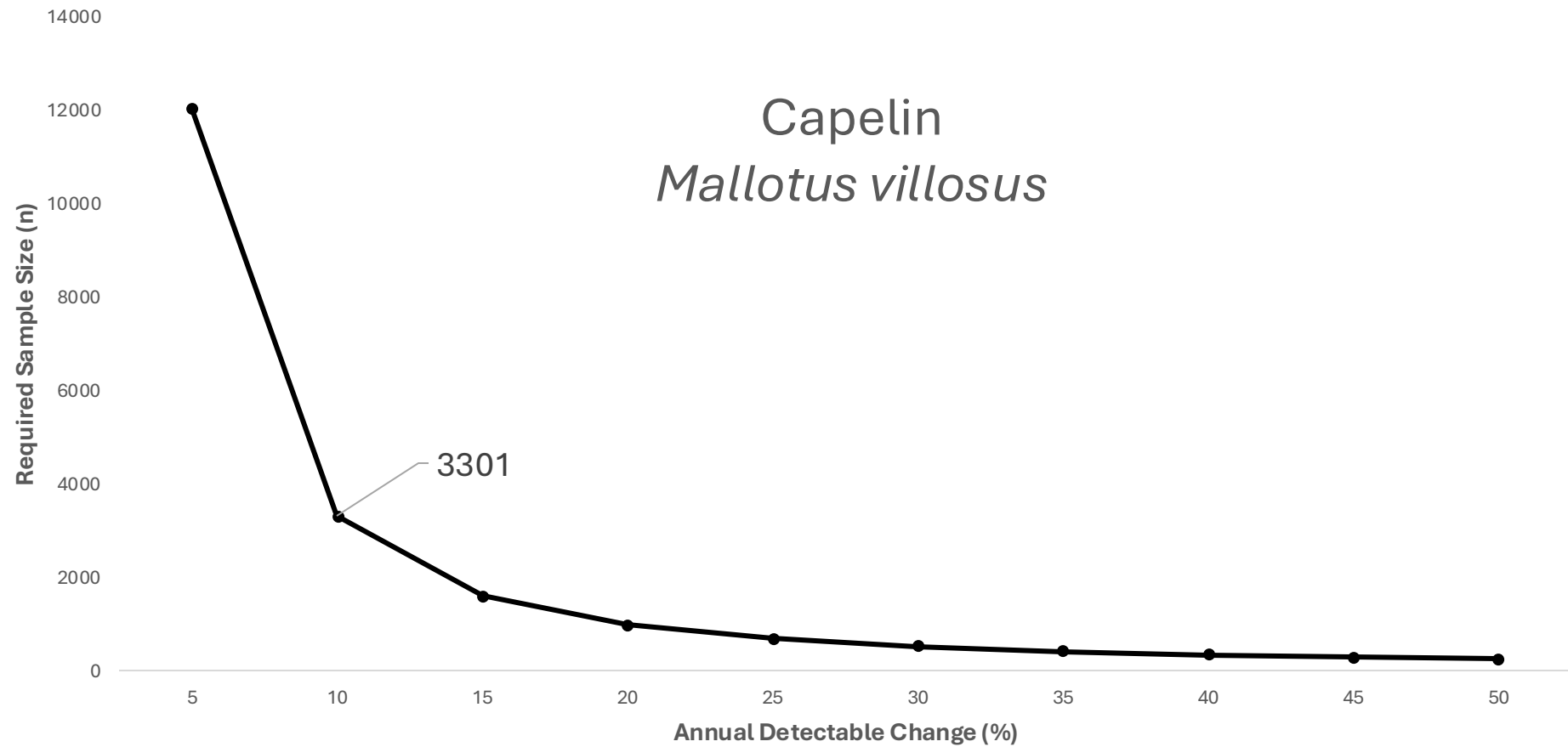
What we found



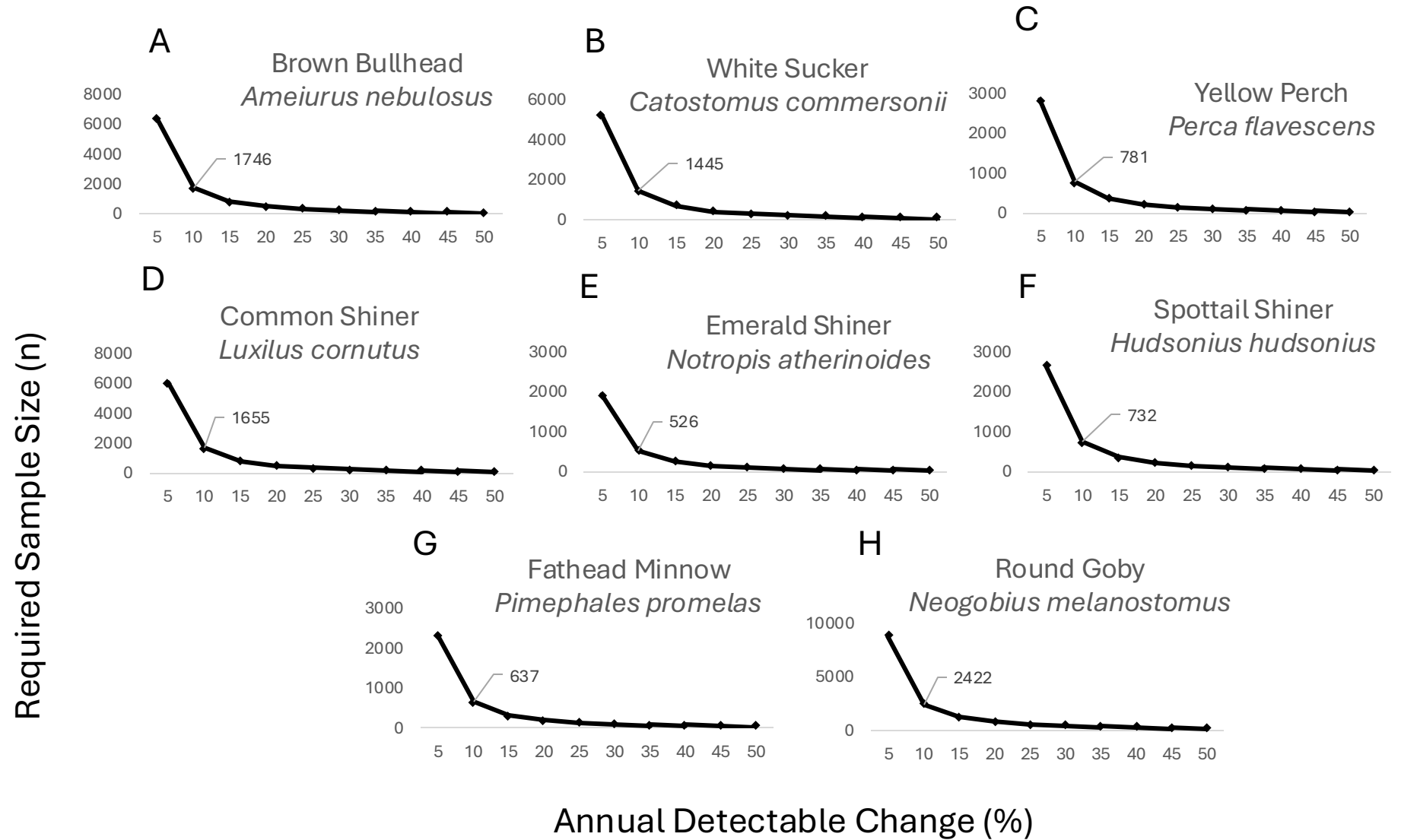
The Arctic: Nunavut



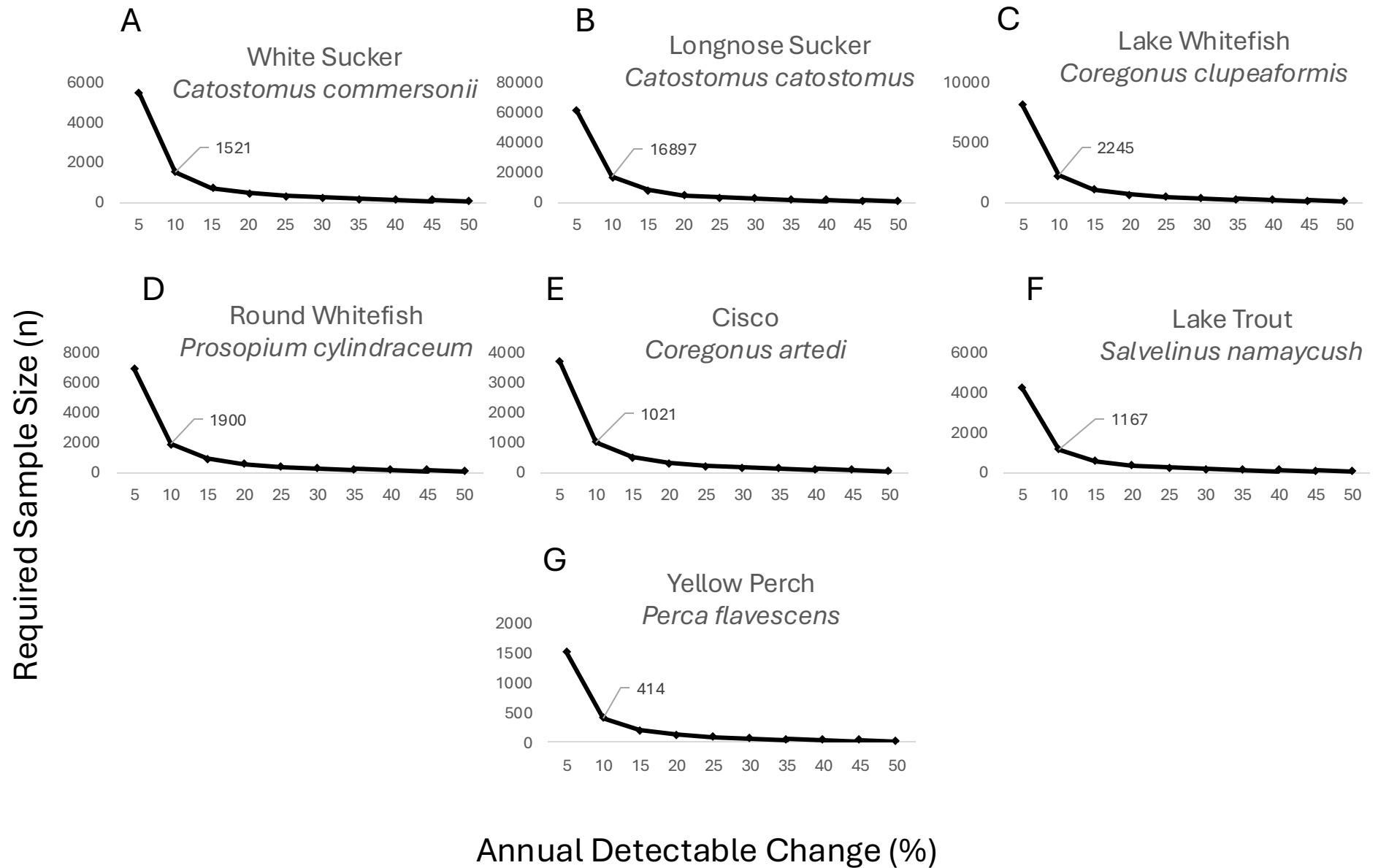
The Atlantic: Iceland



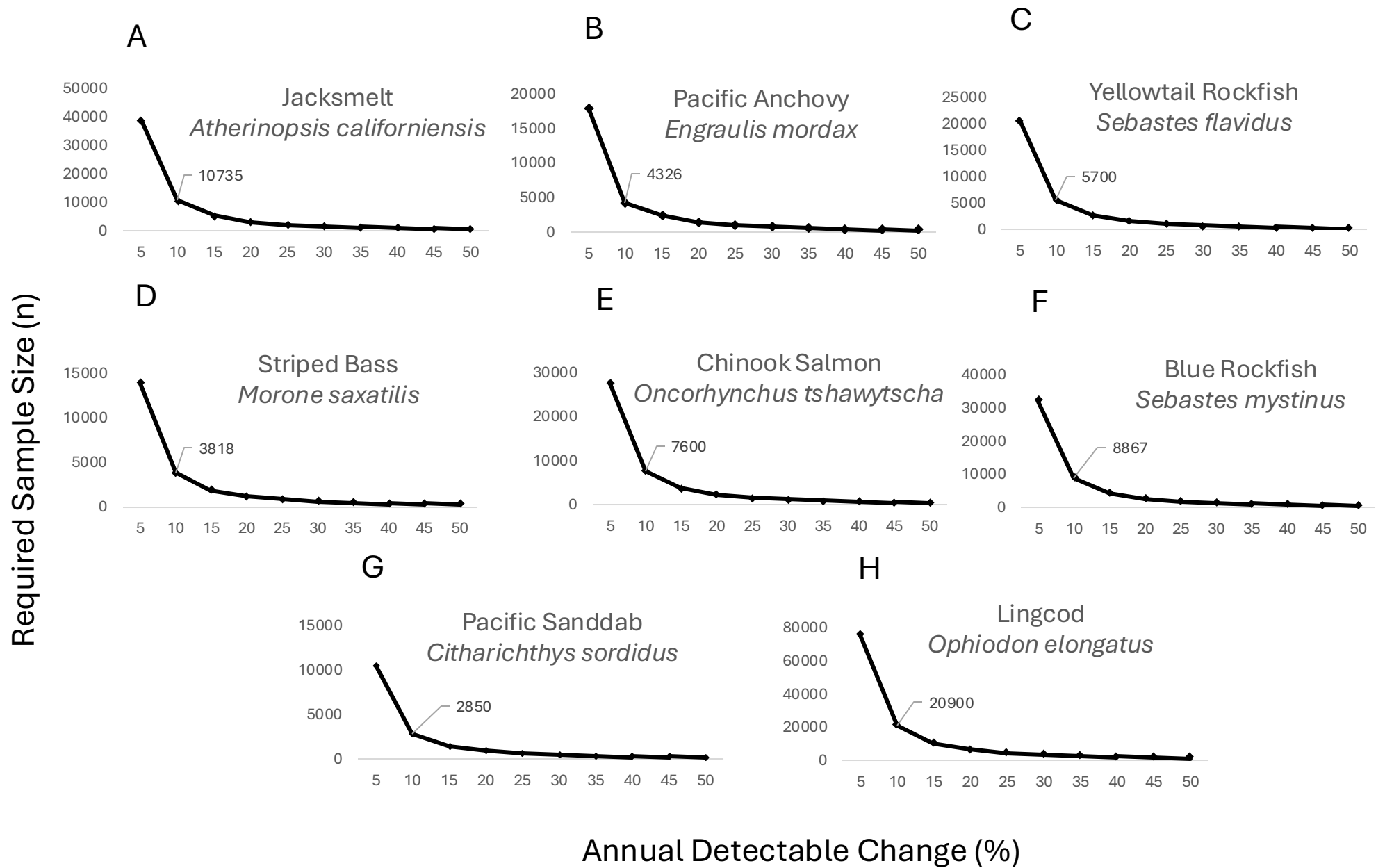
Great Lakes: Lake Ontario



Great Lakes: Lake Superior



The Pacific: California



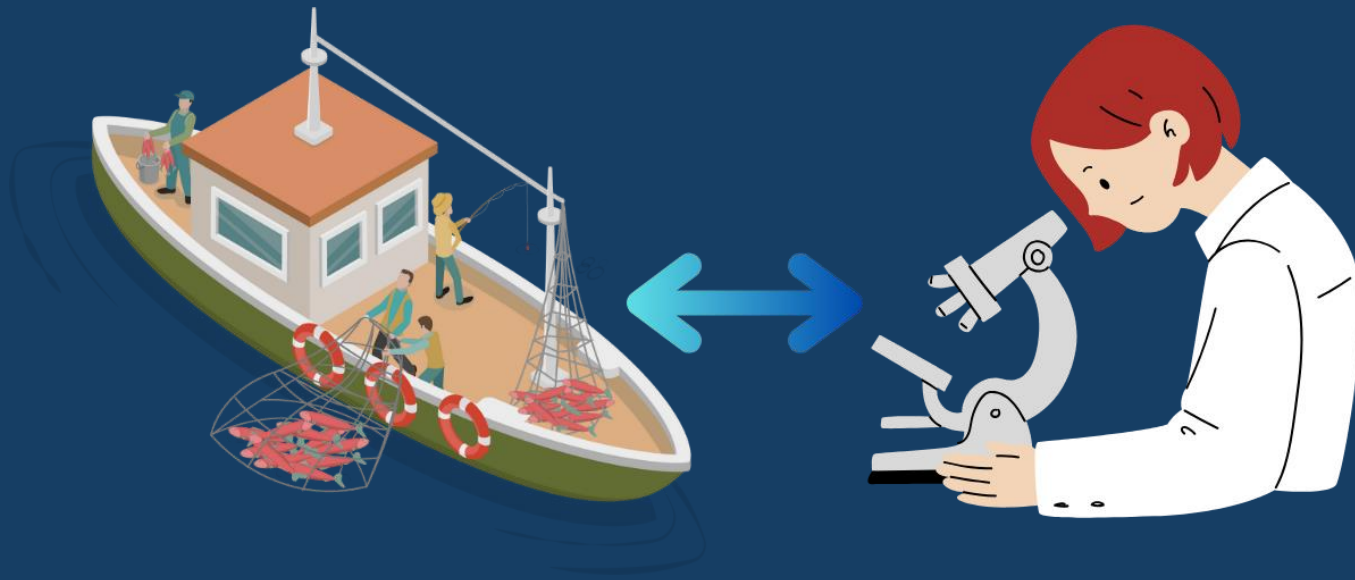
An illustration of an underwater scene. The background is a light blue gradient. In the foreground and midground, there are dark blue and purple silhouettes of coral reefs and sea anemones. Numerous small, light blue fish are swimming throughout the water. The text "What could this mean for monitoring?" is centered in the upper half of the image in a dark blue, sans-serif font.

What could this
mean for
monitoring?

Some problems to work through:

1. How do we get larger samples without more pressure on vulnerable populations?
2. How do you process sample sizes that BIG?
3. Is microplastic ingestion the best marker for monitoring?

1.

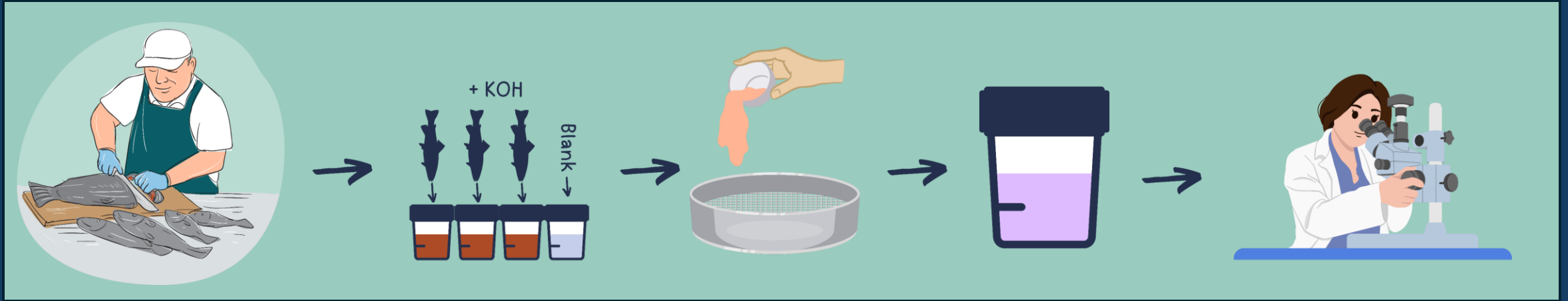


Work with commercial and industrial fisheries

Fish intestinal tracts not sold in market – available for us!

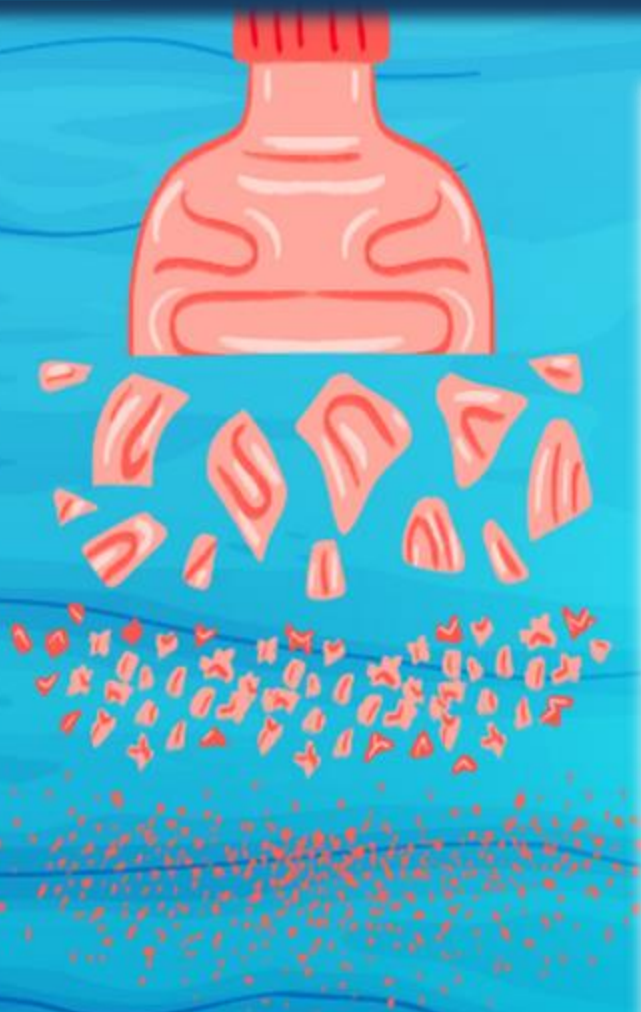
Opportunistic sampling of bycatch species

2.



Incentivize participation for large fisheries companies

Make use of volunteers!



Evidence of Microplastic Translocation in Wild-Caught Fish and Implications for Microplastic Accumulation Dynamics in Food Webs

Hayley K. McIlwraith,^{||} Joel Kim,^{||} Paul Helm, Satyendra P. Bhavsar, Jeremy S. Metzger, and Chelsea M. Rochman*



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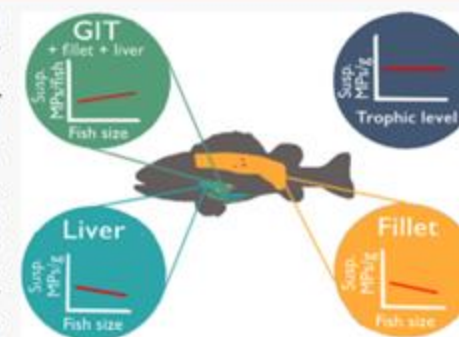
Metrics & More

Article Recommendations

Supporting Information

ABSTRACT: The presence of microplastics within the gut of animals is well documented. Whether microplastics bioaccumulate in organisms and biomagnify in food webs remains unclear and relies on the ability of microplastics to translocate to other tissues. Here, we demonstrate the widespread presence of microplastics and other anthropogenic microparticles in the gastrointestinal tract, fillet, and livers of seven species of sportfish from Lake Simcoe, Ontario, Canada. Larger fish had a higher microplastic load compared to smaller fish, but the opposite trend was observed with translocated microplastics standardized by fish mass (i.e., smaller fish contained more translocated particles per gram wet weight than larger fish). Moreover, we observed no evidence of biomagnification as there was no significant relationship between the trophic level and total or translocated microplastics per individual. Overall, this suggests that microplastics are translocating, but that excretion of translocated particles or growth dilution may be occurring rather than bioaccumulation and biomagnification. Moreover, the assemblages of shapes and material types varied among tissues, suggesting that particle characteristics may predict biological fate. Our findings highlight the need for further work to understand the mechanisms of microplastic translocation and excretion and the implications for the dynamics of microplastics accumulation in food webs and human exposure.

KEYWORDS: plastic, translocation, bioaccumulation, growth dilution, biomagnification, freshwater fish



Key Takeaways:

No “One Size Fits All” sample size for monitoring

Sample sizes needed to achieve these standards are out of reach

BUT

Include power analysis in monitoring programs

An underwater scene with several dark-colored fish swimming in a blue-green environment. The water is filled with numerous small, colorful confetti-like particles, suggesting a festive or celebratory theme. The fish are of various sizes and are positioned in the center-left area of the frame.

Questions?